MICHAELMAS TERM
EVENTS 2026-27

Wellbeing Programme

Bookable and drop-in events
for students and staff

BODLEIAN LIBRARIES

RADCLIFFE SCIENCE LIBRARY

UPCOMING EVENTS

REGULAR EVENTS

Free Hot Drinks

every Wednesday

drop-in 10 am-12 pm

VENDING AREA

Make a hard term easier by picking up a complimentary hot drink from the RSL. Have a catch up with friends over a cuppa and get energised.

Audience: **Staff & Students**

LEGO Lunch

every Wednesday

drop-in 1–2 pm

WELLBEING ROOM

Lego is great way to use your hands, get creative and take a break. Follow instructions or free build your own awesome creations.

Audience: **Staff & Students**

ONE OFF EVENTS

Hot Chocolate

TUE 10 / THU 19 NOV

drop-in 11 am-12 pm

WELLBEING ROOM

Pick up a free hot chocolate (with vegan options), chat with fellow students and take a well deserved break.

Audience: **Staff & Students**

Board Game Evening

TUE 24 NOV

booking 5.30-7 pm

WELLBEING ROOM

Roll your dice and play your cards right! Take a break and unwind at our board game evening for students. Snacks and drinks provided.

Audience: **Students**

UPCOMING EVENTS

ONE OFF EVENTS

Shredding of the Worry Box

TUE 01 DEC

drop-in 11 am-12 pm

WELLBEING ROOM

Celebrate the end of term with hot drinks, cake and shredding! Worries from the worry box will get shredded and sent to the gardens.

Audience: **Staff & Students**

Therapy Dogs

THU 03 DEC

drop-in 12-1 pm

WELLBEING ROOM

If you're missing your fluffy best friend from home, or just need some calm-time, drop in and meet some therapy dogs.

Audience: **Staff & Students**

Crafty Connections for DPhils

TUE 08 DEC

booking 5.30-7 pm

WELLBEING ROOM

Try our range of wintery paper crafts from colouring to cards to decorations! Meet fellow DPhils and try your hand at some new crafts. Hot drinks and snacks provided.

Audience: **DPhil Students**

After term the Radcliffe Science Library will be arranging tours of the Old Bodleian for DPhils and other groups. Check out our calendar for more information.

> Great way to connect with people especially at a busy time of year

> I think it's a really good programme, my previous institution didn't have anything like this.

> I've four lectures today, this [hot chocolate event] is a perfect break

Register for events, and see what's coming on our calendar

go.glam.ox.ac.uk/rsl-wellbeing